



# COVID SAFE PLAN

DAHAM NIKETHANAYA

ABSTRACT

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[Course title]



# North Victorian Buddhist Association

## High-Risk COVID safe plan

Due to the health and wellbeing of Maha Sanga and all the devotees of Daham Nikethanaya, the following high-risk plan has been developed and approved by the president under the guidance of the committee of management in line with the Victorian and federal government COVID19 guideline and requirements. This plan is regularly reviewed by the committee to meet the Department of Health and Human Services (DHHS) requirements and the Victorian government.

The temple has established a risk-based protocol to manage the COVID19 and the following risk mitigation plan has been implemented in line with the DHHS and the temple committee of management requirements. As part of the plan, COVID marshals have been appointed to mitigate the risk and manage the emergency and other essential activities. All future essential activities managed by the COVID marshals appointed by the committee of management.

As a part of the risk-based protocol, the temple **will only be open 3 days** for all devotees and visitors until further notice. The committee of management will constantly review the plan and provide updates as required.

### 1. Hygiene & Face Mask

<i>Cleaning &amp; personal Hygiene</i>	<i>Hand sanitiser and handwashing facilities are available for all monk's, visitors, staff and contractors at the entrance to the temple. Instructions on correct hygiene techniques are displayed.</i>
	<i>All visitors are required to bring their mask, gloves and cleaning solutions</i>
<i>Mask</i>	<i>Full face mask must be worn at all time by the approved visitors in line with the COVID safe plan. <b>No face shield is allowed. No Mask No entry</b></i>
	<i>All visitors are required to bring their mask, gloves and cleaning solutions</i>

	<ul style="list-style-type: none"> <li>○ Sanitise or wash your hands first before you put your mask on.</li> <li>○ Check your mask is not damaged before you put it on.</li> <li>○ Place your mask in your palm to hold whilst you place on your face.</li> <li>○ To remove your mask, unhook the ear straps and pull away from your face.</li> <li>○ Do not touch your mask while wearing it.</li> <li>○ Make sure your mask covers your mouth, nose and chin with no gaps on the side.</li> <li>○ Never wear a damaged, dirty or wet mask.</li> </ul>
Gloves	Disposable Gloves must be worn in all food preparations and other cleaning and hygiene preparation work
Garbage and Handling	Sealed, secured and heavy-duty garbage bags must be used by the visitors for all cleaning purposes and must seal and disposed of under the guideline. Personal waste and rubbish must be removed from the premises and must carry them back with the visitors.
Paper towel	All visitors and devotees must supply their paper towels and other entails during visits and must be disposed in line with the risk-based protocol. Unused packs and items only are allowed to reduce risk mitigation.
Cleaning Solutions	DHHS specified cleaning solutions will be used in the temple premises All approved visitors are advised to arrange personal cleaning and hygiene requirement during the visit

## 2. Limit of Entry & Open Hours

*Limit Of Entry* Temple will only be open 3 days.

*Due to the temple has established a risk-based protocol to manage the pandemic risk, there will be no visitors are allowed to visit monk resistances.*

*The limit of entry would be reviewed by the committee in due course*

*Open Hours* Temple is open 3 days  
Wednesday 5.30 am to 7.30 pm

*Saturday 9.30 am to 11.30 am  
5.30 pm to 7.30 pm*

*Sunday 9.30 am to 11.30 am  
5.30 pm to 7.30 pm*

*Number of visits per day* Due to the temple has established a risk-based protocol to manage the pandemic risk, there will be 50 visitors are allowed in the temple for outside the areas only

Access Areas	<ul style="list-style-type: none"> <li>• Bodhiya</li> <li>• Cultural Park</li> </ul>
Visiting Residence Monks	No visitor access to the Chief Monk Residence
Chief Monks residence	No visitor access to the Chief Monk Residence
Limitation of Accessibility	Due to the temple has established a risk-based protocol to manage the pandemic risk, there will be no visitors are allowed in the temple
Budhugeya	Due to the temple has established a risk-based protocol to manage the pandemic risk, there will be no visitors are allowed in the temple
Bodhiya	Due to the temple has established a risk-based protocol to manage the pandemic risk, there will be 50 visitors are allowed in the temple premises outside areas
Class Rooms	Due to the temple has established a risk-based protocol to manage the pandemic risk, there will be no visitors are allowed in the temple
Visitor pass and approval process	Due to the temple has established a risk-based protocol to manage the pandemic risk, there will be no visitors are allowed in the temple

### 3. Contact Tracing, Declaration and temperature testing

Contact Tracing	All services are being arranged virtually Only approved visitors can attend the temple and the approval must be made before visits to the temple. No one will be allowed to enter to the temple without preapproval as part of the COVID Safe Plan
Temperature testing	Temperature testing will be conducted at the entry for all approved visitors.
Personal declaration	DHHS guideline meeting COVID decelerations must be completed by all approved visitors before entry

### 4. Cleaning and use of communal items

Supply of Cleaning Solutions	All visitors require to bring their supply of the sanitating and cleaning solutions in line with the DHHS guidelines.
Visitors responsibility	All visitors required to carry out pre- and post-cleaning in the approved areas
High Touch Points	Door Handles, Charis, Tables, flower tables, watering pots, cushions
Communal Items	All communal items such as flower tray's, watering pots, flower pots,
Preparation And watering	

### 5. Physical distancing requirements & Room Capacity Guidelines

Maha Sanga Residence	Temple has established a risk-based protocol to manage the COVID pandemic risk, and as a result, there will be no access for the maha Sanga Main resistance
Social distancing	All approved visitors must follow the social distancing guidelines as specified by the DHHS

Zonal areas	<p>Zonal access has been established as part of the temple risk-based protocol and there will be strictly restricted areas for the approved visitors.</p> <p>All approved visitors must follow the protocol guidelines during the stay at the temple. Visits who breach the guidelines will be requested to leave the premises and will not be allowed until further notice</p>
Room Capacity Guidelines	<p>Maximum room capacity for all indoor areas of the temple has been assigned in line with the high-risk management plan</p>
<b>6. Dana and offerings</b>	
Dane Preparation	<p>Due to the temple has established a risk-based protocol to manage the pandemic risk, there will be no Dana preparations at the temple or deliveries Until further notice. This will be reviewed at the end of November 2020.</p> <p>However, all sponsored daily dana programs have allowed being contributed to the program through the virtual ceremony. The donations for food preparation can be arranged through the temple. Please contact temple or Secretary for more information</p>
Dana Offerings	<p>Due to the temple has established a risk-based protocol to manage the pandemic risk, all home visits or temple visits have been suspended until further notice</p> <p>However, all sponsored daily dana programs have allowed being contributed to the program through the virtual ceremony. The donations for food preparation can be arranged through the temple. Please contact temple or Secretary for more information</p>
Dana Pirikara Donations	<p>Pirikara donations will be accepted through online payments for all dana programs.</p> <p>The payment receipts can be obtained through an email</p>
<b>7. Memberships, Donations and Goods delivery</b>	
Memberships	<p>With the current restrictions and the incredible challenges, it is critically important that all members to reminded to a timely transaction. All payments are to be made through online transactions and please advise the temple once the payments are made. The payment receipts will be sent via an email confirmation</p>
Donations	<p>During the pandemic period, all donations have been extremely valued for the ongoing management of the temple additional challenges presented by the COVID19.</p>
Consumables & Other Goods	<p>Due to the temple has established a risk-based protocol to manage the pandemic risk.</p> <p><b>No consumable goods are being accepted to minimise the risk of the pandemic as per the COVID safe plan.</b></p> <p>All devotes has been requested to donate the funds through online transactions to assist the process</p>

## 8. Religious programs

Daily Buddha Puja and Chanting	Residence monks have been facilitating the program and telecast by virtual platforms
Pirith	
Katina Program	Virtual programs 2020 Katina program sponsors have been offended the 2021 program due to the COVID disruptions.
Weekly Bana & Pirith Program	Virtual programs have been arranged
New Year	TBC
Budu Bana and Sil Program	Virtual programs have been arranged by the temple
Meditating program	Virtual programs have been arranged by the temple

## 9. Sunday School

Sunday school	<b>Sunday school program will be conducted through Zoom Virtual Classes until further notice</b>
Social distancing	Social distancing guidelines must have adhered once the school commence
Declarations, Mask & Hygiene	

## 10. Responding to a suspected or confirmed case of COVID 19

Contact Tracing	All record of the visitors will be kept for 14 days
Reporting & Cleaning	Zones or facilities are closed based on contact tracing results. The relevant areas are re-opened in line with the relevant cleaning being undertaken and following the isolation of all close contacts. In the event the DHHS directs us to close a facility, it will be reopened once approval is granted.
Notifying	DHHS will be notified with all suspected cases. Relevant people and others are informed via direct conversations including about the need to self-isolate, be tested or monitor for symptoms as appropriate.

## 11. Emergency and Maintenance work

Emergency Assistance	Emergency assistance program has been developed in line with the COVID safe protocol.
Maintenance work	All maintenance work arrangements are managed through inline with the COVID safe protocol.

## 12. Health and wellbeing of all members and devotees

Financial Hardships	If you have any difficulties or hardships of meeting the temple memberships or other financial commitments due to the current pandemic, please do not hesitate to contact the temple to seek assistance
Mental health and wellbeing	Mental health and wellbeing have been a significant challenge during the COVID period. In particular, during the lockdown, it has been more difficult to discuss challenges. If you or your love one need assistance or support, please discuss with someone who can support you. Most people with mental health issues access mental health services through their general practitioner (GP) or primary care provider. People with more serious symptoms may be referred to specialist mental health services. You may feel worried about loved ones and be managing new responsibilities such as working from home and home-schooling, studying online, or you may currently be out-of-work. With uncertainty about the future, it is understandable to feel distressed and anxious. This is natural.

**It is important to talk to someone about how you are feeling by:**

**Talking to your general practitioner (GP).** If your GP thinks you need extra support, they may prepare a Mental Health Care Plan. These plans give you access to allied health professionals (such as psychologists) through Medicare. Your GP can also make a referral to a private psychiatrist or a public clinical mental health service if required. Contacting a **mental health telephone, text or online counselling service or a general counsellor.** These services can provide you with targeted information and referrals.

### **13. Main Entrance and Car Park**

*Entrance & Exits* | Designated traffic management personal and signs have been in place in the temple as part of the protocol. All visitors must follow the directions of the covid marshals appointed by COVID safe plan

*Car Park* | The car park has been segregated to zones to manage the risks as per the traffic management plan. all visitors need to follow the zonal directions of COVID marshals appointed during opening hours

### **14. Car Pooling**

*Carpooling and visits* | No carpooling will be allowed to the temple until further notice.  
All approved visitors must meet the criteria in line with the COVID Safe Plan

### **15. Emergency & Fire Evacuation**

*Emergency evacuation plan* | Temple emergency evacuation plan will remain the same and no changes have been made by the high-risk COVID safe plan

*Emergency Assembly areas* | Assembly areas also remain the same as per the current emergency evacuation plan

*Emergency Contacts* | Emergency services 000

### **16. Management committee meetings and other meetings**

*Committee meetings* | As part of the risk-based protocol, all meetings will be held virtually until further notice

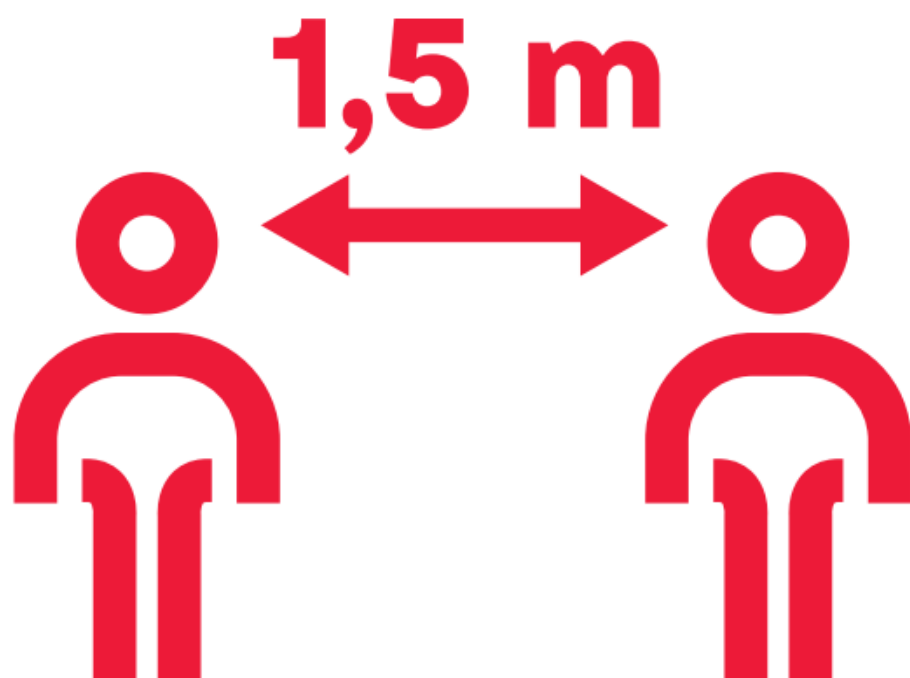
*Other engagements* | As part of the risk-based protocol, all general inquiries and other engagements will only be conducted via telephones or virtual meetings



## 5. SOCIAL DISTANCING RULE







**IF YOU ARE SHOWING FOLLOWING SIGNS DO NOT ENTER**

**YOU HAVE NOT HAD CLOSE CONTACT WITH PROBABLE OR CONFIRMED COVID-19 CASE**



**YOU HAVE NOT TRAVELED OVERSEAS IN THE LAST 14 DAYS**



**YOU HAVE NOT BEEN DIRECTED TO ISOLATE BY THE DHHS**



**YOU ARE NOT EXPERIENCING ANY OF THE FOLLOWING SYMPTOMS:**

**FEVER**



**CHILLS**



**SHORTNESS OF BREATH**



**SORE THROAT**



**COUGH**



**HEADACHES OR MUSCLE PAIN**



**LOSS OF SMELL/TASTE ?**



**FATIGUE**



# ROOM CAPACITY MANAGEMENT

## ROOM SOCIAL DISTANCING

DO NOT SIT TOGETHER | MAINTAIN 2 METRE DISTANCE BETWEEN SEATING AREAS

MAXIMUM ROOM CAPACITY\*

PEOPLE

**DON'T**



CROWDING

**DO**



SOCIAL DISTANCING